

Maneline

ST. MARK Catholic Community

40 Days for Life Set for September 28 through November 6

by Maureen Barrett

The Challenge

In 2012, according to the World Health Organization, the leading cause of death in the world was ischemic heart disease, claiming 7.4 million lives. However, according to the Guttmacher Institute, there were 56 million abortions worldwide the same year; 25 percent of pregnancies worldwide ended in an abortion.

In 2013, according to the Centers for Disease Control (CDC), the leading cause of death in the United States was heart disease, responsible for 614,348 deaths. However, the number of abortions that year was 1,200,000.

Abortion, then, rather than heart disease, is clearly the number one cause of death in the United States and in the world.

The Extended Suffering

The facts are sobering in themselves, but the situation is much worse when we realize the human suffering that each one of these numbers represents. For every abortion, at least one child dies, but the mothers and fathers are also hurt. No one knows how people will react or when they will acknowledge the horror of what they have done. Women who have had abortions fall into two groups: those who have acknowledged what they have done, and those who have not. The ones who admit the truth can seek God's forgiveness, but it is often difficult for them to forgive themselves. Fortunately, organizations such as Project Rachel (HopeAfterAbortion.org) help women to seek God's forgiveness, accept it, and find healing.

The women who have not acknowledged what they have done are often angry. They yell at people who are pro-life and attribute evil motives to pro-life actions. We need to pray for them. They suffer terribly, and many fathers also suffer. Fathers have no legal rights when it comes to aborting their child.

The Opportunity to Make a Difference

You can help to change this destructive dynamic. Each year, *40 Days for Life's* prayerful and peaceful activities in our area alone save, on average, two lives. These lives are saved when women who were going to have an abortion encounter people praying outside of the clinics, are moved to reconsider their decisions, and choose to have the babies instead. The 40 Days for Life group keeps tracks of these encounters and has 11,796 confirmed saves due to these campaigns since 2004.

Everyone can participate. The next 40 Days for Life Campaign will run from September 28 through November 6. The closest vigil site to *ST. MARK* Parish is 900 Washington Street in Falls Church.

The Organization

What is 40 Days for Life? It is a movement whose motto is "The beginning of the end of abortion."

The organization was founded in 2004 in Bryan Station, Texas. Dedicated pro-life Christians came together to ask God how to stop abortion. They prayed for an hour and then began to discuss possible strategies. They relied on Scripture for guidance. God has used the period of 40 days throughout history to bring about major transformations:

- Noah experienced transformation during 40 days of rain.
- Moses was transformed by 40 days on Mount Sinai.
- David was transformed by Goliath's 40-day challenge.
- Elijah was transformed when God gave him 40 days of strength from one meal.
- Nineveh was transformed when God gave the city 40 days to remain faithful.
- Jesus transformed the world following His 40 days in the desert.
- The disciples were transformed after

spending 40 days with Jesus following His Resurrection.

The Texans decided to follow Jesus' example. They prayed and fasted for 40 days outside of the local abortion clinic. There was a 28 percent drop in abortions as a result of the first 40 Days for Life campaign!

Others heard about the effort and started it in their cities. By 2007, the National 40 Days for Life campaign was launched. This year, there will be at least one 40 Days for Life campaign in every state; 500 cities are participating in 19 countries.

Pope Francis, in a statement released by the Vatican Secretariat of State, expressed his support of the 40 Days for Life campaign. The Secretariat's statement says, "The Holy Father greatly appreciates the dedicated work that you and everyone involved in 40 Days for Life are engaged in to promote respect for the lives of all unborn children. His Holiness assures you of his prayerful support for you, your colleagues, and all those whose prayer, fasting, and sacrifices are saving countless lives and giving glory to God."

The 40 Days for Life Campaign components are simple:

- Prayer and fasting
- Constant Vigil: standing for life through a 40-day peaceful public witness outside of the Falls Church Healthcare Center
- Community Outreach.

ST. MARK Signups

Signup sheets for 40 Days for Life will be available in the Narthex. Father Paul Grankauskus will pray with us outside of the Falls Church abortion clinic on October 4, 18, and 25. We will leave *ST. MARK* after the 9:15 a.m. Mass to arrive at the clinic around 10:30 a.m.

Please join our prayerful witness to change hearts and save lives.

The Place That God Built: The Story of the New Lamb Center

by Carol Dieterle

Do you believe in miracles? Would God build a Center to help the poor and homeless right here in Fairfax County? Yes — with the help and support of *ST. MARK* Parishioners and many others, He did! Here is the story behind our new and beautiful Lamb Center.

“Do we truly pray? Without an abiding relationship with God, it is difficult to live an authentic and consistent Christian life.” Pope Francis

First, there were many, many prayers. There has long been a tradition of prayer at The Lamb Center. Did you know that for the past five years, a group of 6-10 people offered prayers every Saturday after the Lamb Center closed? They prayed to be faithful to the Lamb Center’s mission by opening new doors for Fairfax’s poor and homeless.

“Are we ready to be Christians full-time, showing our commitment by word and deed?” Pope Francis

Second, so many people showed their commitment by word and action through donations big and small. Children donated their lemonade stand proceeds. Some of The Lamb Center’s homeless ladies made lotion, selling it at craft fairs and church bazaars and donating the proceeds. Some of the former homeless spoke at various fundraisers, courageously sharing their own stories of how the Center helped them through the hardest days of their lives. Churches collected special offerings in support of the new building. The Lion’s Club made a special donation. Chick-Fil-A donated the proceeds from catering for a month. Mosby Woods Elementary School held a staff basketball game against Crossfield Elementary and donated the proceeds. An elderly couple donated 20 Gold Krugerrands that they had purchased 30 years ago for their retirement. They decided to give them to The Lamb Center and trust in the Lord for their retirement. Golf tournaments, dinners, and concerts were

held to raise funds. God seemed to use so many of us, young and old, rich and poor, to raise the necessary funds to build His Center!

“Let us ask the Lord to give us the gentleness to look upon the poor with understanding and love, devoid of human calculation and fear.” Pope Francis

On May 31, the doors were opened at the new Lamb Center. More prayers were offered, asking God to continue to bless all those who come into this new building. Much is the same, but there is also much more. There is still breakfast available every day 8:00 a.m.–10:30 a.m. except Sunday. Hot lunch is served Monday through Saturday at 12:00 p.m. People still gather for Bible Study at 10:30 a.m. and 1:30 p.m. But now there is much more room to gather around tables, share fellowship, and enjoy being out of the rain, heat, or snow. The showers are much cleaner and offer privacy.

More space allows for more case managers available to help guests with identification, job prospects, or referrals to other agencies. A clothing closet is open every Tuesday and Thursday, as well as for emergency needs. A food pantry ensures the hungry have food for emergency needs. A new medical room allows the nurse to conduct examinations with privacy and sufficient space for medical supplies. And one day soon, there will be a dental chair and technicians available for cleaning teeth and doing x-rays.

“I want to say, with regret, that the worst



discrimination which the poor suffer is the lack of spiritual care. The majority of the poor have a special openness to the faith; they need God and we must not fail to offer them his friendship, his blessing, his word, the celebration of the sacraments and a journey of growth and maturity in the faith.” Pope Francis



At a recent Bible study, the leader discussed Jesus’ temptations in the desert. She talked about how Jesus was tempted by the devil at a very basic need level (food), at a social level (pride of life), and finally at a spiritual level. One of the participating guests became very excited as she made a connection. “The Lamb Center is just like Jesus — you take care of our physical needs by providing us with food. Then you take care of our living needs through the work of the case managers. And most of all, you take care of our spiritual needs with Bible Study!”

Come and See

Please come by and visit the new Lamb Center and take a tour! If you have time to sit through Bible Study, you will be blessed. The Center is located at 3160 Campbell Drive, Monday–Friday, 8:00 a.m.–3:00 p.m. and Saturday, 8:00 a.m.–12:30 p.m.

Become Involved

Would you like to know more about The Lamb Center? Plan now to attend the annual celebration banquet on October 12 at 6:00 p.m. at Waterford at Fair Oaks. Join us for dinner and an opportunity to hear stories of transformation and new life from staff, volunteers, and Lamb Center guests. Contact Carol Dieterle at 703-220-3249 for more information.

Like to golf and want to support The Lamb Center? Sponsor a hole and/or field a team to play in the KARIS (Kindness and Relief in Society) Golf Classic at Hidden Creek Country Club in Reston on September 19. Tournament proceeds will benefit The Lamb Center. For more information, visit <http://www.thelambcenter.org/services>.



It Takes a Parish: A Thousand Thanks

by Martha N. Hlavin

Thank you. Thank you, *ST. MARK* Parish. Together we came to this special time in my family's life.

On July 11, 2016, those attending 9:15 a.m. Mass gathered afterward in the Chapel around my eldest son Luke as Fr. Pat blessed him. Fr. Pat sent Luke forth from our *ST. MARK* faith community to begin the first phase of his formation and discernment in joining a new faith community—the Capuchin Franciscan Friars (officially the Order Friars Minor-Capuchin, St. Augustine province).

Wasn't it just yesterday that I stood holding my infant son Luke before the altar in *ST. MARK* Chapel as he was Baptized? Our *ST. MARK* community gathered then, with his father Al and me, as we committed to raising Luke in the ways of Our Lord and His Holy, Catholic Church.

For over 26 years, Luke and our family have gathered with the *ST. MARK* faith community to worship Father, Son, and Holy Spirit at Mass; for solemn liturgies, feast days, and ordinary time; for Sacraments and at Eucharistic Adoration. Within this community, Luke and our family have grown in faith, knowledge, and service.

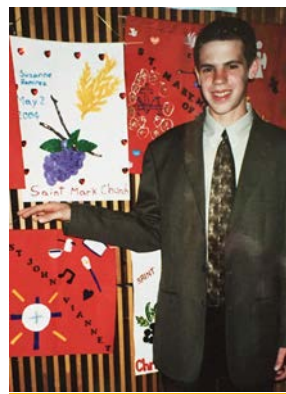
Our family has been enriched and entwined with the life of our Parish family. We have been blessed to be



Luke's Baptism, July 29, 1990



Luke's First Communion 1997



Luke's Confirmation 2004

Parishioners for half of the Parish's 51 years. We have shared many poignant moments: including our 1989 wedding; all the Sacraments of initiation of our three sons; the building of the Christian Formation Center; and participation in

many ministries, including Boys' Catholic Life Community, Living Stations, and Summer Work Camps. In 2011, we celebrated the life and the culmination of our faith at the Mass of Christian Burial for my husband, Al.

Last summer, Fr. Pat blessed our son Nathaniel before he departed to begin his vocation and marry Danielle Piroutek in her home state of South Dakota.

Our third son, John Francis, a graduate of St. Mark School and a senior at The Heights School, is still "on the launch pad." As a solo mother, I seek the Holy Spirit and lean on our Parish community, the Communion of Saints, and many family and friends, as I continue to prepare John to respond "yes" to God's call in his life.

The Hlavins can never fully thank the many Parishioners for their love and support to our family on our journey of faith. I can only hope we have invited and encouraged others to grow in faith, knowledge and service as members of *ST. MARK*.

Together, let us continue to do as we have prayed in our 50th Anniversary prayer:

"May we worship, invite, nurture, and serve as a community, committed to loving you, Lord, and bringing you to the world. Amen"

PASTORAL COUNCIL ELECTIONS IN NOVEMBER

Each November, parishioners elect four At-Large Members to our Pastoral Council. Council members serve two-year terms and may be reelected to a second term. Council members advise the Pastor and assist him in accomplishing his mission by the following:

- Recommending long and short-term goals for the parish
- Providing an open forum of communication regarding parish affairs
- Encouraging volunteerism
- Helping maintain the viability of the parish and its overall spiritual growth

This year, our elections will be held before and after all Masses on the weekends of November 12-13 and November 19-20. If you are interested in serving on the Pastoral Council as an At-Large Member or have any questions about the Council, please contact Kurt Dieterle at kcdieterle@cox.net or (703) 865-4049, or Fran Smith at Frances.smith2@med.navy.mil or (703) 938-1429.

WORLD Youth Day

ST. MARK Participates in the World Youth Day Celebration

World Youth Day was launched by Pope John Paul II in response to the outpouring of faith and love that was demonstrated by more than 300,000 young people who gathered at his invitation in Rome for an International Jubilee of Youth in 1984. He welcomed a similar number the following year in Rome, and the first official World Youth Day was held in 1986.

Each World Youth Day, young people come in staggering numbers from around the world to witness to the faith, learn, share, and grow. This year's World Youth Day was in Krakow, Poland, from July 25-31. Over 2 million people attended.

ST. MARK sent six adults and eight high school and college youth pilgrims to the celebration. The six adults were Fr. Paul Grankauskas, Kevin and Evelyn Flores, Kathy Sullivan, Rachel Piescik, and Megan Ronzcka. High school/college age youth were Ben Barrett, Robert Sobolewski, Nick Zoski, Meaghan Wheeler, Kate Lindner, Joseph Piescik, Mary Piescik, and Brad Owen.

The pilgrims started in Italy. In Rome, they visited all of the major basilicas (ST. PAUL OUTSIDE-the-WALLS, ST. MARY MAJOR, ST. JOHN LATERAN, and ST. PETER). They also



toured the Vatican museum and the *SISTINE CHAPEL*. In Assisi, they visited the *BASILICAS* of *ST. CLARE* and *ST. FRANCIS*, *SAN RUFINO CATHEDRAL*, *SAN DAMIANO CHURCH*, the *BASILICA* of *ST. MARY* of the *ANGELS*, a hermitage, and a castle. In Venice, they visited the *BASILICA OF ST. MARK*, and Fr. Paul was the main celebrant for Mass.

From Italy, they took an overnight train to Vienna, Austria, and toured one of the palaces owned by Emperor Franz Joseph. They next went to Poland, stopping at the concentration camps at Auschwitz and Birkenau. Finally, they arrived in Krakow for World Youth Day. Catechetical sessions and daily Masses were held at the Tauron Arena. On Monday, July 25, the group enjoyed a concert and participated in a Eucharistic procession. Thursday, July 28, marked the arrival of Pope Francis, and Saturday, July 30, was the pilgrimage to the site of the closing Mass with the Pope.

World Youth Day Locations

- 1986 Rome, Italy
- 1987 Buenos Aires, Argentina
- 1989 Santiago de Compostela, Spain
- 1991 Czestochowa, Poland
- 1993 Denver, United States
- 1995 Manila, the Philippines
- 1997 Paris, France
- 2000 Rome, Italy
- 2002 Toronto, Canada
- 2005 Cologne, Germany
- 2008 Sydney, Australia
- 2011 Madrid, Spain
- 2013 Rio de Janeiro, Brazil

Pope Francis Inspired and Challenged the World Youth Day Participants

[Editor's note: The following comments are from Pope Francis' talk at the prayer vigil on July 30.]

■ **The Human Connection:** "Some situations seem distant until in some way we touch them. We don't appreciate certain things because we only see them on the screen of a cell phone or a computer. But when we come into contact with life, with people's lives, not just images on a screen, something powerful happens. We feel the need to get involved. To see that there are no more 'forgotten cities'."

■ **Sofa Happiness:** "In life, there is another, even more dangerous, kind of paralysis. It is not easy to put our finger on it. I like to describe it as the paralysis that comes from confusing happiness with a sofa. In other words, to think that in order to be happy, all we need is a good sofa that makes us feel comfortable, calm, safe. A sofa that promises us hours of comfort so we can escape to the world of video games and spend all kinds of time in front of a computer screen. A sofa that keeps us safe from any kind of pain and fear. A sofa that allows us to stay home without needing to work at, or worry about, anything. 'Sofa happiness'!

That is probably the most harmful and insidious form of paralysis, since little by little, without even realizing it, we start to nod off, to grow drowsy and dull while others — perhaps more alert than we are, but not necessarily better — decide our future for us. For many people, it is much easier and better to have drowsy and dull kids who confuse happiness with a sofa. For many people, that is more convenient than having young people who are alert and searching, trying to respond to God's dream and to all the restlessness present in the human heart."

■ **Called to Make a Difference:** "That is the secret, dear friends, and all of us are called to share in it. God expects something from you. God wants something from you. God hopes in you. God comes to break down all our fences. He

comes to open the doors of our lives, our dreams, our ways of seeing things. God comes to break open everything that keeps you closed in. He is encouraging you to dream. He wants to make you see that, with you, the world can be different. For the fact is, unless you offer the best of yourselves, the world will never be different."

■ **No Limits with God:** "You might say to me: Father, but I have my limits, I am a sinner, what can I do? When the Lord calls us, He does not worry about what we are, what we have been, or what we have done or not done. Quite the opposite. When he calls us, He is thinking about everything we have to give, all the love we are capable of spreading. His bets are on the future, on tomorrow. Jesus is pointing you to the future."

"When He calls us, He is thinking about everything we have to give, all the love we are capable of spreading."



Junior High Workcamp Offers Service and Fellowship

by Stephen Paquette

This summer, 20 *ST. MARK* Junior High students spent three days growing closer to the Lord through fellowship and service to others in the Junior High Workcamp. They joined 60 students from four other Parishes within the Arlington Diocese at *ST. LEO the GREAT* Church in Fairfax. Summer can be a difficult time for our students to grow spiritually, either from being too busy with vacation plans and other activities or from having too much time, allowing them to waste the days away or get bored. These three days of faith, fun, and service were an opportunity for our students to get a great spiritual and social boost during their summer break.

This year's Junior High Workcamp theme was "PRODIGAL." The students heard reflections on the return of the prodigal son and the overwhelming mercy of the Father who welcomes him back with open arms.

Day One

The first day of the workcamp began with the celebration of Mass, followed by team-building games. The entire group was divided into smaller crews, and these crews got to know each other better by competing in these challenging activities. Once the crews got acquainted, they worked on two large-scale service projects for St. Vincent de Paul and Gabriel Project. The students created care packages for expectant mothers in crisis pregnancies. They went around the surrounding area in Fairfax and left notes at doors asking for food for the St. Vincent de Paul food drive.

After the day's work, they returned to *ST. LEO* for more fun as they played baby pool kickball, which consisted of slip-n-slides between each baby pool base. The students finished the day with the opportunity to encounter the Father's mercy directly in the Sacrament of Reconciliation. They also participated in praise and worship in Jesus' presence during Eucharistic Adoration.

Day Two

The second day followed the first's progression of service, fun, and faith. After Mass and breakfast, the students



Playing baby pool kickball

spent half of the day encountering God through service to His Church. The large group divided into two teams to do yard work at *ST. VERONICA* and *ST. MARK*. The two teams spread mulch and planted flowers and greenery to better beautify the parishes. After another hot summer day of service, the two teams arrived back at *ST. LEO* to cool off with some water war games and more baby pool kickball. In the evening, the group prayed the Rosary; for each individual prayer, the students had an opportunity to ask the group to pray for a personal intention. Through this community Rosary, the members of the group were able to pray for one another, for the needs of the Church, for their families, and for the world.

Day Three

On the final day of the workcamp, the students returned to the surrounding neighborhoods to collect food that had been donated for the St. Vincent de Paul food drive. They then organized the food to be stored and distributed. Next, the group made cards for elderly persons in retirement homes and visited them for several hours. They gave the residents their cards of kind sentiments and shared some of their talents with them for entertainment. Back at the Parish, the students heard a reflection about our need to "recalculate" our lives according to God's will and the importance of learning to listen to the Holy Spirit. At the end of the Workcamp, the students were joined by their parents for Mass, followed by an ice cream party to celebrate their time of service to God and His Church.



Engaging in team-building game



Writing letters for the elderly in retirement homes



Running to deliver notes for food drive

Adult Faith Formation Opportunities

■ **Small Communities of Faith:** Join us for Scripture, prayer, learning, Faith sharing, and mutual support. Groups meet in members' homes on a regular basis on most days of the week in the evenings from 7:30-9:00 p.m.

■ **Lord, Teach Me to Pray:** All three Parts of this Ignatian Spirituality group will be offered starting in September. The times and days will be established based on interest levels.

■ **Little Rock Scripture Study:** The Gospel of Luke, Part I, will be studied in six sessions on Tuesdays at 10:00 a.m., or Part II on Thursdays at 7:30 p.m. starting the week of October 4. You do not have to have done Part I to participate in Part II.

■ **Study of Pope Francis' *Laudato Si* (*Care for our Common Home*):** This study starts on October 6 at 10 a.m. Evening sessions will be offered if there is interest.

■ **Morning Program *Year of Mercy* Presentations:** These presentations take place September through April at 9:30 a.m. in the Gym. Ellen Murphy, *ST. MARK* Counselor, will be presenting a four-part series on Forgiveness on September 25, October 16, November 13, and December 4.

■ **Alive in the Word *Virtues for Disciples Bible Study*:** This new Bible Study will be offered during the Monday and Tuesday afternoon Religious Education times from 4:45-6:00 p.m. first topic will be *Trust: Confidence in the God of Salvation*.

■ **Discussion Group:** This group meets occasionally to discuss subjects of

interest to Parishioners. Topics have included "Comparative Religions" and "God and the Constitution." The Bulletin will contain information on any upcoming dates.

■ **Book Clubs:**

1. One group meets the second Wednesday of the month, September through May, at 1:15 p.m. in room C-104. The September 14 book discussion is *Journey to the Sun: Junipero Serra's Dream and the Founding of California* by Gregory Orfalea.

2. The Spiritual Classics group, led by Fr. Paul, meets the second Sunday of the month at 5:00 p.m. in the Chapel.

■ **Men's chapter of Christians in Commerce:** This group meets every Wednesday for prayer, teaching, small group discussion, and fellowship from 7:00-8:00 a.m. in the Choir Room. Contact Jerry Wilkowski at **703-255-9083** for more information.

■ **Cursillo Weekends:** The *Cursillo* is an opportunity to examine and celebrate yourself and your relationship with Christ and the Christian community. The upcoming men's weekend is October 13-16, and the women's weekends are September 15-18 or November 10-13. After the *Cursillo* weekend, you meet with other *ST. MARK Cursillistas* for a weekly reunion.

For more information on any Adult Faith Formation opportunities, or if you have other ideas, please contact Jean Lupinacci, DRE for Adult Formation, at jlupinacci@st-mark.org or 703-938-1948 x2.

Mother Teresa's Prayer of Adoration

O God, we believe You are here.

We adore You and love You with our whole heart and soul because You are most worthy of all our love.

We desire to love you as the blessed do in heaven.

Flood our souls with Your Spirit and life.

Penetrate and possess our whole being utterly, that our lives may only be a radiance of Yours.

Shine through us and be so in us that every soul we come in contact with may feel Your Presence in our soul.

Saint Teresa of Calcutta

[Editor's note: Mother Teresa will be canonized on September 4.]

Milestones

BAPTISM

We welcome the following new Christians into the community of the Church:

Gabriella Garcia Harris
Olivia Cooper Harris
Claire Janelle Korves

NEW PARISHIONERS

ST. MARK welcomes the following new Parishioners to our Parish family:

Jonathan and Stacy Blair
John and Kristine Brady
Kim Chamberland
Susan Danielwicz
Edward and Rebecca Jarmas
Steve and Sarah Marshall
Craig and Jacqueline Mihalik
Shannon and Donna O'Harren
Richard and Christina Ojeda
Roger and Giovanna Piskulich
Mark Pohutsky
James and Jennifer Reeves
Franz and Michele Roland
Shane Seegers
Brett and Anne Snyder
Ange Umbriac
Anh Vu
Vinod and Nilda Wadhwa

DEATHS

The following Parishioners entered into eternal life:

Devin Berlo
Bernie Zaborowski
Maureen Gallagher
Joseph Harrington
Connie Henry
Jermone Siegel
Anne Smith
Tom Parker
Andrew Prokop

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Mark Your Calendar

September

- September 11 Coffee and Donuts after 8:15 a.m. and 10:00 a.m. Masses
- September 11 First Day of Religious Education Classes 2016-2017
- September 16 Movie Night, 6:30 p.m.
- September 17 Small Communities of Faith Reception 6:30 p.m.
- September 17-18 Finance Council Report
- September 24-25 Stewardship Sunday
- September 26 Fall Festival

October

- October 2 Youth and Family Mass 6:00 p.m.
- October 2 Respect Life Sunday
- October 2 Commitment Sunday
- October 8 & 9 Vocation Awareness Sunday
- October 9 Coffee and Donuts after 8:15 a.m. and 10:00 a.m. Masses
- October 10 Columbus Day, Mass at 10:00 a.m.
- October 19 Parent Teacher Parishioner Organization General Meeting 7:00 p.m.
- October 21 St. Mark School Mothers' Mass
- October 21 Movie Night 6:30 p.m.
- October 22-23 World Missions Sunday
- October 28 —
November 6 CFC Library Book Fair
- October 30 Parish Breakfast

November

- November 1 All Saints Day Holy Day of Obligation
- November 2 All Souls Day
7:30 p.m. Mass of Remembrance

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*Immaculate Heart
of Virgin Mary*



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