

Maneline

ST. MARK Catholic Community

Christians in Commerce Meet at ST. MARK

by Bill Dalgetty

The Northern Virginia men's chapter of Christians in Commerce International (CIC) now meets at ST. MARK every Wednesday morning from 6:45 a.m. to 8:00 a.m. in the Choir practice room in the lower level of the Msgr. Cassidy Activities Center.

The breakfast meetings consist of a time of fellowship with coffee and donuts, prayer, a short Scripture reading based on issues related to the workplace, and small group discussion. "It is a great way to start your day — in prayer and with other Christian brothers who have a desire to live out their faith in their work and business," says Jerry Wilkowski, a Parishioner and President of the Northern Virginia Chapter.

"In our culture today, it is easy to separate our faith from our work, but this was never intended by God when he assigned us to look after his creation in *Genesis* 2:15," said Jerry. "It is not uncommon to see problems in the workplace involving insecurity, resentment, and unhappiness among employees. Rivalries thrive. Products and services can fall short of their promises. To counter these challenges, the mission of Christians in Commerce is to encourage and equip Christians to bring the presence of Christ to the people and circumstances in their work in how they relate to others, conduct themselves with integrity, and seek excellence in all that they do."

The CIC group that meets at ST. MARK is part of an international organization, with more than 30 men's and women's chapters in the U. S., as well as Central Africa. In addition to the weekly breakfast meetings, CIC publishes a free workday email reflection at <http://www.christiansincommerce.org/workday-email-signup-form>, and a monthly newsletter. It also conducts weekend retreats, seminars, and a leadership institute.

"CIC has helped me in my work in

how I relate to people and maintain my integrity in decisions and conduct," said parishioner Jon Cassidy. "There have been times when I have faced significant career decisions, and my friends in CIC have helped me with their prayers, counsel, and support," said Jon.

Christians in Commerce was born out of a common desire to connect our faith with demanding jobs. Father Tom Cassidy was instrumental in the startup of the Northern Virginia Chapter; in 1985, he sent letters to more than a dozen men in the Parish, encouraging them to consider participating. Since then, more than 13,000 have attended weekends here and throughout the country. These meetings give people an opportunity to get away; take stock of their lives; renew their relationship with Jesus Christ; experience more fully the power of

the Holy Spirit; discern God's will; and become good stewards of the talents, time, and possessions God has given them.

Thousands of lives have been transformed as a result of these weekends, and we have story after story of how these transformed lives have brought positive change to thousands of workplaces. As Jesus said in John 1:39, "Come and see."

For more information, visit www.christiansincommerce.org or contact Jerry Wilkowski at jwilkowski@verizon.net, 703 255-9083, or Bill Dalgetty at bdalgetty@cox.net, 703 938-5247.

A Northern Virginia women's chapter meets the second Monday evening of every month in Falls Church. For more information, contact Moira McGuinness at moiramcg@gmail.com, 703 725-8017.

How to Be Christ in the Workplace

In his new book, *Hope for the Workplace – Christ in You*, Parishioner Bill Dalgetty draws on his extensive experience in business and workplace ministry to examine challenges faced by Catholics seeking to live out their faith in today's workplace.

He provides practical suggestions for a range of issues, including:

- Dealing with a difficult colleague or boss
- Maintaining integrity and ethics in business decisions
- Seeking excellence in one's work
- Balancing family and career
- Caring for coworkers.

Relying on Scripture, Church teaching, the writings of Catholic and Protestant leaders, and 50 real-life stories of people in the workplace, he sets forth God's solutions to these common workplace issues in a straightforward, conversational style. He shows how we can accept God's offer to dwell in us and allow the Holy Spirit to empower us to bring hope and transformation to our workplaces.

Bill Dalgetty spent most of his career as a senior attorney and executive of Mobil Corporation, where he served for over 38 years. He is a past president and chairman of the board of Christians in Commerce International (www.christiansincommerce.org). He is married and has five children and 12 grandchildren.

Rev. Mark Moretti, former Associate Pastor of ST. MARK and now Parochial Vicar of ST. JOHN the EVANGELIST Catholic Church in Warrenton, says, "I love the style — crisp, filled with inspiring stories, replete with quotes from Scripture and leading figures in Christianity." Joe Gibbs, former Washington Redskins head coach and NASCAR championship team owner, comments, "*Hope for the Workplace* captures the Christian truths by which I sought to live my life as a husband, father, football coach, and owner of a NASCAR race team. I would recommend this book to anyone who asks the question, 'Is it possible to live my faith in the business world?'"

Diverse Catholic Views on Health Care

by Ann Ramish

ST. MARK Catholic Social Teaching Committee hosted a presentation on “Catholic Views of Health Care” by William Barbieri Jr., Ph.D., associate professor of ethics at The Catholic University of America (CUA).

He recalled a protest in July 2013 when the Catholic Bishops were meeting near CUA. The protest was against the Bishops’ position on the Affordable Care Act (ACA, Obamacare). What struck him was that both Bishops and protesters were Catholics.

Dr. Barbieri started by sketching the history of the topic. He said that in the United States, we spend more than \$8,000 per person on health care each year, the highest of all countries and 17.6 percent of the gross domestic product (GDP). Despite this massive expenditure, he stated, we do not necessarily have the best health, and not everyone benefits.

“A recent census found that 48 million people, or over 15 percent of the population, have no health insurance. About 15 percent of whites – including 11 percent non-Hispanics and 30 percent of Hispanics, 19.5 percent of blacks, and 16.8 percent of Asians, have no health insurance. Children are more likely to be insured, but almost 7 million are without insurance. The largest group of uninsured is those ages 18 to late twenties.”

The goal of the ACA is to cover 33 million of the 48 million uninsured people by 2022.

Longstanding Catholic Commitment to Health Care

Catholics have a longstanding commitment to health care. He said, “We have 630 Catholic hospitals and 1,600 continuing care facilities. These provide one in six hospital beds in the country. They provide care for 20 million inpatients and 100 million outpatients. They employ 800,000 employees.”

Why do we have such a major commitment? “Jesus presented healing as a Biblical mandate. He cured those who were afflicted. We anoint the sick. Catholic institutions provide comfort and care to the afflicted.”

When does providing care come to be seen as a right? The view that health care is a right began in the 1930s, bound up with the labor movement. The Catholic commitment to workers’ rights included a right to insurance. Then Vatican II made it a

human right. Pope John XXIII, in his encyclical *Pacem in Terris* (11), endorsed a broad human rights agenda:

“But first, we must speak of man’s rights. Man has the right to live. He has the right to bodily integrity and to the means necessary for the proper development of life, particularly food, clothing, shelter, medical care, rest, and, finally, the necessary social services. In consequence, he has the right to be looked after in the event of ill health; disability stemming from his work; widowhood; old age; enforced unemployment; or when-ever through no fault of his own he is deprived of the means of livelihood.”

In the *Catechism of the Catholic Church*, the right to health care is part of the duty to honor and assist the family (CCC 2211). In *Caritas in Veritate*, Pope Benedict XVI talks about rights and responsibilities, excesses and deprivation. He includes elementary health care among the elementary and basic rights in section 43.

The United States Conference of Catholic Bishops (USCCB) issued a Pastoral Letter in 1981 that declared, “Every person has a basic right to adequate health care.” In the 1993 document, “A Framework for Comprehensive Health Care Reform,” the principles seem to endorse a blueprint for the ACA.

Emergence of Concerns Over Constitutional Rights

Why have the bishops filed lawsuits and considered the closing of hospitals and other health facilities? What is the source of the conflict? Dr. Barbieri explained, “The universal right to affordable health care is agreed on by most people. The problem is conflicting rights.”

President Obama speaks of the human rights of women to equality and non-discrimination and control of fertility and parental autonomy. He believes that the human rights of women are violated if they are not given access to affordable contraception.

Religious Freedom: In contrast, the Church and the bishops are concerned about the right to religious freedom, the individual rights of conscience of small business owners, and especially the right to life.

First, the ACA gives the government substantial authority to define what constitutes religious activities; the Bishops strongly object to the government defining a religious organization. They maintain that religious freedom means organizations define themselves.

Second, the ACA requires that preventive services, such as mammograms, prenatal care, cervical cancer screenings, and abortifacients and sterilization be provided. The Bishops maintain that providing these services and products violates deeply held Catholic beliefs. The government offered a compromise, under which the money comes from the insurance company rather than from the employers. The Bishops could not accept this as an ethical arrangement because they would still be participating in inherently immoral acts.

Rights of Immigrants: The Bishops are also concerned about the rights of immigrants, who would not be eligible for some benefits for the first five years, even if they are legally in the United States.

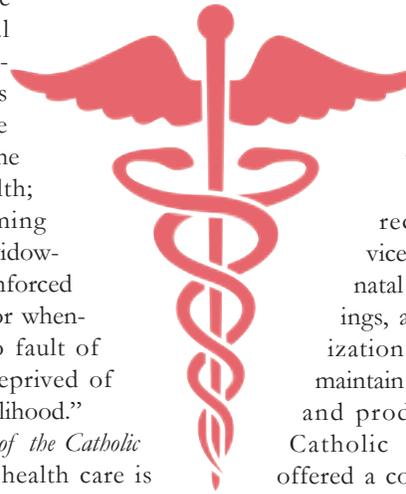
Taking these objections to components of the Affordable Care Act (Obamacare) into account, the Bishops have restated their commitment to health care. They now acknowledge a right to “authentic health care, with caveats and restrictions on how health care can be provided.”

The Way Forward

The Supreme Court is expected to issue a decision this year on conscience clauses for small businesses who argue that the ACA violates their religious beliefs. Hobby Lobby and Conestoga Wood Specialties are two of the plaintiffs and are not Catholic companies.

Pope Francis has written a 200-page apostolic exhortation, *Evangelii Gaudium*, on behalf of the poor. It is unknown what

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Service Ministry and Community Growth Ministry

by Bill Grossman

How can I help those in need, *right now*?

What *ST. MARK* group can I join to assist me in my faith journey with Christ?

These are two great questions that many faithful parishioners have been asking themselves since our founding in 1965! The many answers, since Day 1 until the present, have made *ST. MARK* what is today. So many prayerful groups and service project ministries have come and gone by answering these very simple questions. And many of these groups and ministries exist today and are part of either the **Service Ministry** or the **Community Growth Ministry**.

I invite you to go to the *ST. MARK* website that has recently been revamped and is easy to use and peruse! When you go to the **Service Ministry icon**, you will see the many things that you can do to help those in need. Many are based right here, like ESL, Support Our Troops, Hot Meals, Clothing Drive, and Furniture Drives. Other needs outside of *ST. MARK* are listed, too, and are kept current as they are

made known to us, like Foster Care, helping a child through CASA, or helping in many ways through Fairfax County volunteer opportunities. There is something listed for just about everybody who is willing to give a little bit of time.

You can also find how to go about starting a new **Service** project or idea that we have not thought about yet! Many of our current **Service Ministries** started with an idea, a good leader, and willing volunteers. All **Service Ministries** are represented by Helen Cascio (hmcascia@gmail.com), who serves as the Chairperson for **Service** on the Pastoral Council.

I invite you to browse through our **Community Growth icon** on the website, too. You will see the many groups in the Parish and other nearby places, where you can join to help you along your faith journey with Christ! At *ST. MARK*, many groups exist to help you on that journey, including our Small Communities of Faith, Christians in Commerce, M&Ms Seniors Group, and MOMS with College Children. You will find a list of retreats offered nearby at the Dominican Retreat House, as well as the schedule of Cursillo weekends, and Grief workshops sponsored by Haven of Northern Virginia. You can also find out how to go about starting a new **Community Growth** group or ministry that does not exist.

If you would like to start something

new, please let us help you get that “something” started, whatever it is that God may be calling you to lead or become involved with. Examples of recent groups started and now thriving are Le Cercle Francais — a group of French-speaking folks that meets weekly, a MOMS with college-aged children group that meets monthly to support one another and create care packages for their children, and a Women’s Prayer group that focuses on the St. Ignatius style of prayer. All **Community Growth** ministries are represented by Kristen Day (Kristen.day@verizon.net), who serves as the Chairperson for **Community Growth** on the Pastoral Council.

Day-to-day support for all ministries under both **Service and Community Growth** is handled by Bill Grossman (bgrossman@stmark.org) and Denise Argote (dargote@stmark.org) of the Parish Staff.

So, we ask, “How can you help those in need, right now,” and “what group can you join (or start!) to assist you in your faith journey with Christ?”



Health Care

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role he may play in resolving this issue in the United States, if any.

“205. It is vital that government leaders and financial leaders take heed and broaden their horizons, working to ensure that all citizens have dignified work, education, and healthcare. Why not turn to God and ask him to inspire their plans? I am firmly convinced that openness to the transcendent can bring about a new political and economic mindset, which would help to break down the wall of separation between the economy and the common good of society.”

Questions and Answers

During the question-and-answer session, Dr. Barbieri spoke of the deep conflicts between medical professionals and

Catholic reservations on some procedures. He believes that the way forward will need some exceptions for Catholic institutions. End-of-life issues are another concern.

Mickey Edwards asked how the Sisters associated with the Catholic Health Association have justified their decision to work with the government compromise. Dr. Barbieri said he believes it is based on the difference between formal and material cooperation with evil. Formal cooperation is in and of itself wrong and cannot be done at all. Material cooperation is going along with something bad but palatable either if the evil is not terrible or the good is great. The theory of distance also applies: ‘You pay for the abortion’ versus ‘You pay taxes, and a government program pays for the abortion. At some point, remoteness overcomes the link to the evil,’ he explained.

Someone in the audience maintained that the distance argument works when you have a king. However, he said, in a democracy all Catholics must be informed and must vote with an informed conscience, so then we are responsible for the actions of our government.

How much health care are we talking about? Will it bankrupt us? Health care needs to be accessible, affordable, adequate, and authentic. It must provide basic services, but it does not have to be a Cadillac policy. There can be inequalities, but the poorest should have adequate coverage. The principle of subsidiarity applies: People should be participants in organizing and paying for health care. We know people will use it, he concluded.

Living Discipleship Through the EUCHARIST

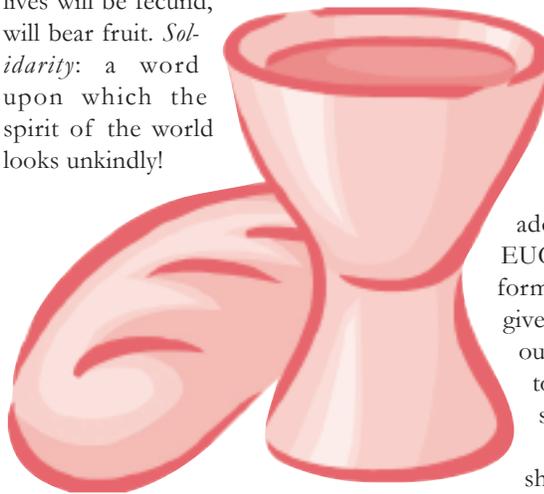
[Editor's note: The following is a portion of Pope Francis' remarks on the multiplication of the loaves and fishes on the Solemnity of Corpus Christi, May 31, 2013.]

Let us ask ourselves: how do I follow Jesus? Jesus speaks in silence in the Mystery of the EUCHARIST and every time reminds us that to follow Him means to come out of ourselves and make of our own lives, not a possession, but a gift to Him and to others.

It is in listening to his Word, in nourishing ourselves with his Body and his Blood, that He makes us go from being a multitude to being a community, from [being strangers] to being [in] communion. The EUCHARIST is the Sacrament of communion, which brings us out from individualism to live together our journey in His footsteps, our faith in Him. We ought, therefore, to ask ourselves before the Lord: How do I live the EUCHARIST? Do I live it anonymously or as a moment of true communion with the Lord, [and] also with many brothers and sisters who share this same table?...

A final element: whence is born the multiplication of the loaves? The answer lies in the invitation of Jesus to his disciples: "You yourselves give [to them]..." "give," share. What do the disciples share? What little they have: five loaves and two fishes. But it is precisely those loaves and fishes that in God's hands feed the whole crowd.

And it is the disciples, bewildered by the inability of their means, by the poverty of what they have at their disposal, who invite the people to sit down, and — trusting the Word of Jesus — distribute the loaves and fishes that feed the crowd. This tells us that in the Church, but also in society, a keyword that we need not fear is "solidarity," that is, knowing how to place what we have at God's disposal: our humble abilities, because [it is] only in the sharing, in the giving of them, that our lives will be fecund, will bear fruit. *Solidarity*: a word upon which the spirit of the world looks unkindly!



Tonight, once again, the Lord distributes for us the Bread that is His body, He makes a gift of Himself. We, too, are experiencing the "solidarity of God" with man, a solidarity that never runs out, a solidarity

that never ceases to amaze us: God draws near to us; in the sacrifice of the Cross He lowers Himself, entering into the darkness of death in order to give us His life, which overcomes evil, selfishness, death.

Jesus... gives Himself to us in the EUCHARIST, shares our same journey — indeed, He becomes food, real food that sustains our life even at times when the going is rough, when obstacles slow down our steps. The Lord in the EUCHARIST makes us follow His path, that of service, of sharing, of giving — and what little we have, what little we are, if shared, becomes wealth, because the power of God, which is that of love, descends into our poverty to transform it.

Let us ask ourselves this evening, adoring the Christ truly present in the EUCHARIST: do I let myself be transformed by Him? Do I let the Lord who gives Himself to me, guide me to come out more and more from my little fence, to get out and be not afraid to give, to share, to love Him and others?

Discipleship, communion, and sharing. Let us pray that participation in the EUCHARIST move us always to follow the Lord every day, to be instruments of communion, to share with Him and with our neighbor who we are. Then our lives will be truly fruitful.

The Transformational Path of Intentional Discipleship

by Marie Pitman

"The Kingdom of God is at hand. Repent, and believe in the Gospel."

Jesus' proclamation at the beginning of His public ministry (Mark 1: 15b) invites us into intentional discipleship. A disciple is not one who is simply willing to follow Jesus (Matthew 8: 18-22, Luke 9: 57-62) because his message and miracles are attractive. Nor is a disciple one who departs when the cost of discipleship becomes too difficult (John 6:66). An intentional disciple is one who makes a conscious commitment to reorientate one's entire life in friendship to the Lord Jesus in the midst of His Church.

Intentional discipleship moves one beyond initial curiosity and acquaintance. We may be attracted to Jesus, the Sacraments, or some aspect of the Church's teaching, but is this enough to sustain us

in a life long relationship with Jesus? Intentional Disciples are willing to make the commitment to conform their lives continually to Christ's. Intentional disciples immerse themselves daily in personal prayer and God's Holy Word. Intentional disciples remain in relationship with Jesus through communal prayer and by participating frequently in the sacramental life of the Church. Intentional disciples form and maintain community with other intentional disciples to support and be supported along the way. Intentional disciples live a moral life; conforming their lives to the ethos of Sacred Scripture and Church teaching. Intentional disciples reach out beyond themselves to assist those who are in the greatest need.

Which part of intentional discipleship will we begin to live more fully this EAST-ER Season? Intentional discipleship

requires a commitment to growth, a commitment to surrender, a commitment to dying to selfish and sinful habits and rising in new life with Jesus through His Church. St. Paul exhorts us to put away childish ways of acting as disciples (1 Corinthians 13:11) and to put on the mind of Christ (Philippians 2: 5-8). We have Jesus and we have each other to help us continue to mature in our faith.

So that we, like the Woman at the Well or the Man Born Blind (Gospel of John 4:9), will have our lives so radically changed by our encounter with Jesus that we cannot help but, "Go, therefore, and make disciples of all nations, baptizing them in the name of the Father, and of the Son, and of the Holy Spirit, teaching them to observe all that I have commanded you" (Matthew 28: 19-20a).

ST. MARK Students Bring Hope to a Family in Need

by Katherine Manetti

Thirty-eight Second-Grade Students stood on or against the stage Friday, March 7, teaching the virtue of hope to the ST. MARK School. “Hope is the belief that things will turn out okay,” proclaimed Petra Folkedal to her audience. “Hope is the understanding that God is in charge; when you trust God, you can have hope that things will eventually be okay.”

The Second Grade was in charge of the Virtue of the Month for March. This meant that they were responsible for a small presentation educating the School on their virtue, which was Hope, as well as for providing an outreach for the School. The outreach needed to be simple and instructive, driving home the importance of service to others. The decision was a simple one — to continue bringing aid to the family they had “adopted” through the Parish outreach.

Adopt-a-Family Program

“Bill Grossman (Director/Minister of Service and Community Growth) came to a

“Hope” is the thing with feathers —
That perches in the soul —
And sings the tune without the
words —
And never stops — at all —
Emily Dickinson

Faculty meeting at the beginning of the school year and spoke about the Adopt-a-Family program that ST. MARK helped to support,” explained Second-Grade teacher, Amanda Gorog. “It sounded like an awesome opportunity to reach out and help a needy family, while teaching our Students about charity, as well as about appreciating all they have.”

The Class was soon matched with a family in Fairfax County. A single mom, disabled and unable to work while raising three children, was only asking for weekly donations of fresh fruits and vegetables and cleaning supplies. After a few conversations with room parents, both Classes began their donations.

Summer Outreach

“We alternate months, but every Wednesday since October, the Students and their families have been bringing in their donations for this family,” said Mrs. Gorog. “The family has been so grateful, writing us letters of appreciation. We really did not want to just stop donations in June.”

So the Class brought their outreach to the School. After explaining what Hope is, the children asked for donations of small change so that their adopted family could continue to purchase fresh fruits and vegetables through the summer. “A bunch of bananas is about \$.99, and a pound of

apples is only about \$1.49; whatever change you can spare, we know our family will be grateful,” explained Anna Rienzi.

Then to underscore this point, several Students dropped coins into a giant container with the label “Your Change Counts,” while announcing “Only 10 cents for a carrot, 60 cents for a serving of grapes, and 70 cents for a serving of green beans.”

Less than two weeks into their collection, the Students raised over \$200 in loose change. The collection continued throughout March.

“We know our family will so appreciate any extra money we can donate to them,” said Mrs. Gorog. “I think we really have helped to provide a little extra Hope to this family. We are grateful to all who have participated, and especially to our Students who are really trying to provide Hope to others.”

To live without hope is to cease to live. Hell is hopelessness. It is no accident that above the entrance to Dante's hell is the inscription:
“Leave behind all hope,
you who enter here.”

Jürgen Moltmann

Peacemakers: Just Say No!

by Ann Ramish

[Editor's note: The following is based on a presentation by Fr. Fred Kammer to the Arlington Diocese Peace and Justice Commission.]

Fr. Henri Nouwen spoke in 1983 on the subject of nuclear weapons. He said that resistance is the daily life of peacemakers. First, we must say “no” to the use and amassing of nuclear weapons. The impact of having nuclear weapons on us must be resisted, as the willingness to use them is terrible.

We have to say “no” to death in all its other forms: abortion; television and sports violence; objectifying, judging, and dismissing others; and writing people off as useless. We have to say “no” to the ways of self-loathing and rejection that lead to excessive consumption of food or alcohol.

Only death is a fixed state, static, unchangeable and hopeless. Life is always

changing and growing and trusts in the future. We can think ourselves to death with such thoughts as “I can't change or grow or learn.”

Resistance means saying “yes” to life in all its forms. Being against, saying “no,” reduces us to becoming the victims of death ourselves. Our hearts are not at peace. We hear of violent anti-war demonstrations or the shooting of an abortion doctor. What is needed is a commensurate and more enthusiastic “yes!” to life.



Jesus' stories about planting and growing recount small victories. Real prayer is active engagement with life, and real resistance is a form of prayer.

Resistance is not based upon results. It finds its roots in the Lord. Resistance is an EASTER proclamation. Our God is a God of the living, active among a death-fixed world. We can expect a hostile, violent, and destructive response to us as to Jesus and the prophets.

We can live this life in faith, support communities of faithful believers, and stay alive together. As individuals, we can become exhausted and discouraged. We need to belong to a community of peacemakers.

Faith and Community: Being Christ to Others

by Fred Heinzelmann

To love God and serve others is the foundation of our faith. Some years ago, the Church focused more on our individual path to salvation as our greatest personal priority. Vatican II expanded that focus and provided a social context for our faith journey.

Today we are urged to live our faith, not only for ourselves, but for the common good. Pope Francis reminds us of the fact that we need to see community both as a gift and as a challenge.

As Catholics, we know that the prayers and actions of others can serve to strengthen and support our own faith and provide many other benefits to meet our needs. The Gospel story in which the man on the litter is lowered to the side of Jesus through a hole in the roof highlights how the faith of his friends led Jesus to heal the man. We are told that “because of their faith,” Christ performed the miracle for the man. In short, our faith reflected in prayers and actions can directly affect the spiritual and personal well-being of others. That is a powerful message and a great gift that we should not ignore.

God often uses those around us to speak to us as individuals. We are most likely to hear His voice through the words and actions of family and friends, as well as strangers who become part of our faith journey. In turn, we may become the

instrument through which God communicates His message to those persons who can benefit most from it. In short, God makes good use of the community as a means of touching hearts and minds.

The presence of others who pray and sing at Mass helps to deepen our own faith; we, in turn, support all the other members of the congregation. In addition, participation in small groups in which persons pray together and demonstrate how they live their faith can provide meaningful examples for all of us as we address the challenges in our own lives. Thus, our faith is enriched by others in many useful ways, including the desire to imitate those who are eager to live their faith every day.

Serving others with joy and with love is one of the greatest gifts that our faith can provide. We know that happiness is enhanced when we respond to the needs of others openly and without reservation. Service to others provides the opportunity to give purpose and meaning to our own lives, while reminding others that we truly love them and care about their well-being.

The persons around us also present a great challenge to us as Christians. Christ reminds us that we truly are our brother's keeper! We have a serious responsibility to recognize and respond to the needs of the poor and the disadvantaged. This includes the sick and those without clothing or shel-

ter, as well as immigrants and persons in prison. Pope Francis has made this a major theme in his papacy.

Jesus emphasized the fact that when we help the least of our brethren, we are, in fact, helping him. That help can be provided in terms of charitable works of mercy, as well as in efforts to influence legislative policies and practices that impact those in need. We are encouraged to be creative in our approach and desire to help the needy.

Pope Francis also reminds us that as members of a faith community we are all called to be disciples of Christ. This means that we should reach out to those around us to highlight Christ's great love and devotion for each one of us. We can share the joy of our faith with words, but perhaps even more meaningfully, by the way we let our lives be inspired by Christ. Our actions as Christians can be powerful when they demonstrate how much we love God and our neighbor.

In summary, we do not live our faith in isolation, but rather in terms of the communities that shape our lives. Community is both a gift and a challenge, and we are given the opportunity to respond accordingly. Reflecting on this fact should encourage us to use our own gifts and talents in the most useful and productive ways to serve others.

St. Francis of Assisi's Reflections on the Lord's Prayer

“Our Father, who art in heaven,
in the angels and the saints, Who gives them light to know you, since you, Lord, are light; setting them afire to love you, since you, Lord, are love; dwelling in them and giving them fullness of joy; since you, Lord, are the supreme, eternal good, and all good comes from you.

“Hallowed be thy name.
May we grow to know you better and so to appreciate the extent of your favors, the scope of your promises, the sublimity of your majesty, and the profundity of your judgments.

“Thy kingdom come,
so that you may reign in us by your grace, and bring us to your kingdom, where we shall see you clearly, love you perfectly, and, happy in your company, enjoy you forever.

“Thy will be done on earth as it is in heaven,
so that we may love you with all our heart, by always having you in mind; with all our soul, by always longing for you; with all of our mind, by determining to seek your glory in everything; and with all our strength, of body and soul, by lovingly serving you alone. May we love our neighbors as ourselves and encourage them all to love you, by bearing our share in the joys and sorrows of others, while giving offense to no one.

“Give us this day our daily bread,
your beloved Son, our Lord Jesus Christ, so that we may remember and appreciate how much he loved us, and everything he said and did and suffered.

“And forgive us our trespasses,
in your immeasurable mercy, by virtue of

the passion of your Son, and through the intercession of Mary and all your saints.

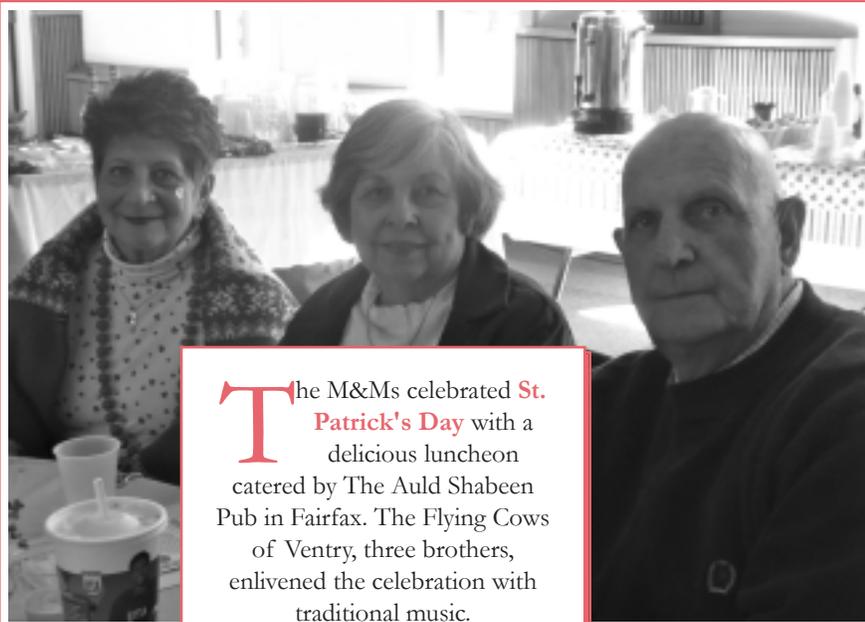
“As we forgive those who trespass against us,
and if we do not forgive perfectly, Lord, make us forgive perfectly, so that we may truly forgive our enemies for love of you, and fervently pray to you for them, returning to no one evil for evil, eager only to serve you in everyone.

“And lead us not into temptation,
be it hidden or obvious, sudden or persistent

“But deliver us from evil,
past, present or future.

Amen.”

M&M's Celebrate St. Patrick's Day



The M&Ms celebrated **St. Patrick's Day** with a delicious luncheon catered by The Auld Shabean Pub in Fairfax. The Flying Cows of Ventry, three brothers, enlivened the celebration with traditional music.

Maneline is the publication of *ST. MARK* Catholic Community, 9970 Vale Road, Vienna, VA 22181 (703-281-9100). It is published nine times a year, with a December/January issue, a June/July issue, and an August/September issue. Individuals wishing to submit articles should contact a member of the editorial team.

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Milestones

BAPTISM

We welcome the following new Christians into the community of the Church:

Aaron Joseph Mortis
Everett Grey Onufrychuk
Arden Elise Tom
Jacob Charles Lavery
Layla Marie Coleman

New Parishioners

We welcome the following new parishioners to our parish family:

Christian and Amanda Robey
Kathryne Atkisson
Jeff DePaulo
Linda Bogar
Carol Barth
Arthur and Susan Trudel
Katie Tran-Lam
Matthew and Joanna Michaelangelo
Quang and Jessica Bui

Deaths

The following parishioners entered into eternal life:

Helen Foster
H. Thomas Curran, Jr.
Walter Balcerzak, Jr.
Shan Gangji
Jean Knighten
Mike Durkin

Mark Your Calendar

April 6

Youth and Family Mass 6:00 p.m.

April 13

Palm Sunday



April 13

Parish Penance Service 7:00 p.m.

"Your sins are forgiven"

Luke 5:23

April 17

Holy Thursday: Mass of the Lord's Supper 7:30 p.m.

April 18

Good Friday:

Stations of the Cross 12:00 p.m.
Celebration of the Lord's Passion 3:00 p.m.
Living Stations of the Cross 7:30 p.m.

April 19

EASTER Vigil 8:30 p.m.

April 20

EASTER Sunday: Masses 8:00 a.m., 10:00 a.m., 12:00 p.m.

April 26

Adult Volunteer Appreciation Dinner 6:30 p.m.

May 4

1st EUCHARIST
Newcomers' Lunch 1:00 p.m.
Youth and Family Mass 6:00 p.m.



May 11

1st EUCHARIST

May 12

Shakespeare Dinner Theater

May 15

CONFIRMATION

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